



# 5K Fun Run/Walk & Kids Dash

## Saturday, June 9, 2018 @ 8:00 am

Online registration available:

[www.raceroster.com](http://www.raceroster.com)

Special thanks to our 5K sponsor:



Your registration fee includes:

- Admission to Block Party @ St Norbert
- Technical T-shirt
- Pre & post-race refreshments,
- Awards to 1<sup>st</sup> place winner in each age group:  
7-10    11-14    15-19    20-29  
30-39    40-49    50-59    60+
- Walkers, baby joggers & strollers are welcome.  
Sorry, no bikes, skates or dogs allowed

A portion of the 5K proceeds will support this summer's Habitat for Humanity service trip by the St. Norbert Youth Ministry.



### 2018 St. Norbert 5K Run/Walk & Kids Dash – Registration

Please Complete & Sign – Copies will be accepted (Fill out one form per participant)

Name: (First) \_\_\_\_\_ (Last) \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Age: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Male  Female    **Race:**  5K  Kids Dash    **T-Shirt Size:**  Youth L  Small  Med  Large  XL

#### Registration Fee

**Total Amount Enclosed: \$ \_\_\_\_\_**

*Early-bird discount if received by May 31:*

5K (Age 16 and up): \$25     5K (Age 15 or under): \$15     Kids Dash (Age 4-6): \$10

*Registrations received after June 1:*

5K (Age 16 and up): \$30     5K (Age 15 or under): \$20     Kids Dash (Age 4-6): \$10

**Waiver:** In consideration of this entry, I hereby for myself, heirs, executors and administrators, waive any and all claims I may have for damages against the Village of Northbrook, the Northbrook Park District, St. Norbert Parish, St. Norbert School, all event sponsors and any of its volunteers or individuals associated with this event, their representatives, successors and assigns, for any and all injuries suffered by me in connection with this event, including pre- and post-race activities. I have been warned that I must be in good health to participate in this event, and I attest and verify that I am medically able and properly trained for this event. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose. Unsigned entries will not be accepted.

Signature: \_\_\_\_\_ Parent/Guardian: \_\_\_\_\_ (Required for entrant < 18)

#### Race Day Schedule:

- 7:15 to 8 am: Registration
- 8 am – Kids' 50 Yard Dash
- 8:10 am – 5K Run/Walk begins
- 9:00 am – Awards ceremony
- 3:00 pm – Block Party starts

Please make your check payable to "St. Norbert Church" and send with this form to:  
St. Norbert Church – 5K Run  
1809 Walters Avenue, Northbrook, IL 60062

<http://stnorbertblockparty.org>